



Date: \_\_\_\_\_

## Stem Cell Evaluation New Patient Information

Name: \_\_\_\_\_  
Last First MI

Date of Birth: \_\_\_\_\_ Sex:  Male  Female

Who may we thank for referring you to our office? \_\_\_\_\_

Email address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
Street/Apt City State Zip

Telephone: Cell \_\_\_\_\_ Work \_\_\_\_\_ Alt. \_\_\_\_\_

May we leave you voicemails regarding your appointments?  Yes  No

Marital Status:  Single  Married  Divorced  Widowed  Separated  Minor

Race  Caucasian  African American  Asian  Native American  Latin American  Other \_\_\_\_\_

Ethnicity  Hispanic  Latino  Non-Hispanic / Non-Latino

SIGNATURE (X) \_\_\_\_\_ DATE \_\_\_\_\_

# Stem Cell Evaluation Patient Questionnaire

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

Please check off any of the following where you experience pain:

- |                                   |                                |
|-----------------------------------|--------------------------------|
| <input type="checkbox"/> Back     | <input type="checkbox"/> Hip   |
| <input type="checkbox"/> Shoulder | <input type="checkbox"/> Ankle |
| <input type="checkbox"/> Neck     | <input type="checkbox"/> Hand  |
| <input type="checkbox"/> Knee     | <input type="checkbox"/> Elbow |
| <input type="checkbox"/> Feet     | <input type="checkbox"/> Wrist |

Other (Explain) \_\_\_\_\_

Which of the above is the worst? \_\_\_\_\_

How long have you had it? \_\_\_\_\_

What does it feel like? (Describe) \_\_\_\_\_

What have you done that has helped this problem? \_\_\_\_\_

What does this problem prevent you from doing? \_\_\_\_\_

What have you tried to help relieve/get rid of this problem and how much did it help? (Circle)

- |  |         |               |             |             |
|--|---------|---------------|-------------|-------------|
| <input type="checkbox"/> Medications   | Helped? | <i>Little</i> | <i>Some</i> | <i>Much</i> |
| <input type="checkbox"/> Exercise      | Helped? | <i>Little</i> | <i>Some</i> | <i>Much</i> |
| <input type="checkbox"/> Nutrition     | Helped? | <i>Little</i> | <i>Some</i> | <i>Much</i> |
| <input type="checkbox"/> Phys. Therapy | Helped? | <i>Little</i> | <i>Some</i> | <i>Much</i> |
| <input type="checkbox"/> Chiropractic  | Helped? | <i>Little</i> | <i>Some</i> | <i>Much</i> |

Does this cause:

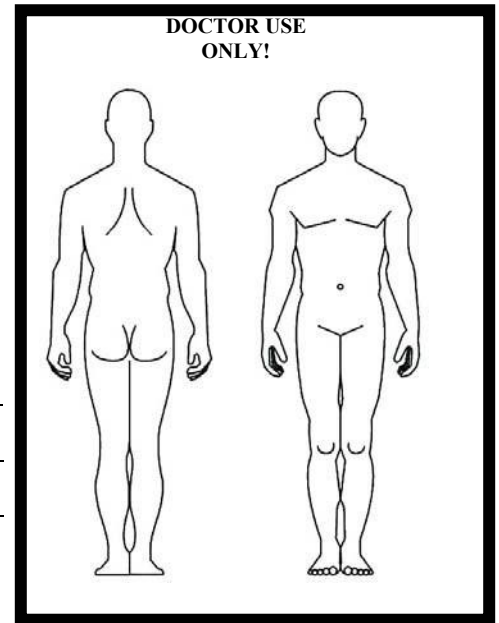
- Moodiness
- Irritability
- Sleep interruptions
- Restriction of Daily Activities

How does this affect your work?

- Decreased productivity
- Unable to work long hours

How does this impact your life?

- Lose patience with spouse/children
- Difficulty with household duties



Current Pain Level 1-10 (10 being highest): \_\_\_\_/10 Please rate your overall quality of life? Scale of 1-10 (10 is best): \_\_\_\_/10

Please rate your ability to perform at work? Scale of 1-10(10 being peak performance): \_\_\_\_/10

Please list **all** current medications, including name, dosage, and frequency:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you've ever had surgery, list procedure(s) and date(s):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had significant past trauma? Y/N

If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Social History:

Intake of following: Caffeine \_\_\_\_\_ cups/day Alcohol \_\_\_\_\_ drinks/week Cigarettes \_\_\_\_\_ packs/day

Exercise frequency:  Never  Daily  Weekly  Walking  Running  Swimming

Lifting How would you rate your overall health?  Excellent  Good  Fair  Poor

Please list any known allergies: \_\_\_\_\_

Do you have any of the following conditions: \_\_\_ Hepatitis B or C \_\_\_ HIV \_\_\_ Clotting or Blood Disorder \_\_\_ Lyme Disease

Is there anything else you feel we should know? \_\_\_\_\_

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*Past Medical History and Review of Systems*

Medicines previously tried, dosage, duration and outcome.

Advil  Aleve  Tylenol  Steroids  Prescriptions for a period of  0-3mos,  3-6mos,  6-12 mos  12+mos

Please check ALL options you have previously tried to assist in above symptoms:

- |   |   |
|---|---|
| <input type="checkbox"/> Over the counter medications | <input type="checkbox"/> Consult with specialist                    |
| <input type="checkbox"/> Prescriptions                | <input type="checkbox"/> Supplements                                |
| <input type="checkbox"/> Dietary Changes              | <input type="checkbox"/> Alternative medication/treatment therapies |
| <input type="checkbox"/> Exercise                     |   |

Y	N	
		<b>Neurological</b>
<input type="checkbox"/>	<input type="checkbox"/>	Migraines
<input type="checkbox"/>	<input type="checkbox"/>	Headaches: how often? _____
<input type="checkbox"/>	<input type="checkbox"/>	Slurring of speech
		<b>Ear/Nose/Throat</b>
<input type="checkbox"/>	<input type="checkbox"/>	Altered taste/smell
<input type="checkbox"/>	<input type="checkbox"/>	Night Blindness
<input type="checkbox"/>	<input type="checkbox"/>	Sore Throat
<input type="checkbox"/>	<input type="checkbox"/>	Gingivitis
<input type="checkbox"/>	<input type="checkbox"/>	Nose bleeds
		<b>Endocrine</b>
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid problems
		<b>Cardiovascular</b>
<input type="checkbox"/>	<input type="checkbox"/>	High blood pressure
<input type="checkbox"/>	<input type="checkbox"/>	High cholesterol
<input type="checkbox"/>	<input type="checkbox"/>	Chest pain
<input type="checkbox"/>	<input type="checkbox"/>	Palpitations-racing heart beat
<input type="checkbox"/>	<input type="checkbox"/>	Swelling in hands/feet
<input type="checkbox"/>	<input type="checkbox"/>	Anemia
		<b>Respiratory</b>
<input type="checkbox"/>	<input type="checkbox"/>	Recurrent Respiratory Infections
<input type="checkbox"/>	<input type="checkbox"/>	Asthma
<input type="checkbox"/>	<input type="checkbox"/>	Chest Congestion
<input type="checkbox"/>	<input type="checkbox"/>	Wheezing
		<b>GI</b>
<input type="checkbox"/>	<input type="checkbox"/>	Stomach Pains or Cramping
<input type="checkbox"/>	<input type="checkbox"/>	Constipation
<input type="checkbox"/>	<input type="checkbox"/>	Reflux or Heartburn
<input type="checkbox"/>	<input type="checkbox"/>	Bloating/Gas
<input type="checkbox"/>	<input type="checkbox"/>	Nausea or Vomiting
		<b>Musculoskeletal</b>
<input type="checkbox"/>	<input type="checkbox"/>	Joint Pain
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis
<input type="checkbox"/>	<input type="checkbox"/>	Chronic pain
<input type="checkbox"/>	<input type="checkbox"/>	Muscle Aches

Y	N	
		<b>Skin</b>
<input type="checkbox"/>	<input type="checkbox"/>	Eczema
<input type="checkbox"/>	<input type="checkbox"/>	Dermatitis
<input type="checkbox"/>	<input type="checkbox"/>	Excessive Sweating
<input type="checkbox"/>	<input type="checkbox"/>	Rashes
<input type="checkbox"/>	<input type="checkbox"/>	Brittle Nails
<input type="checkbox"/>	<input type="checkbox"/>	Hair Loss
<input type="checkbox"/>	<input type="checkbox"/>	Easy Bruising
<input type="checkbox"/>	<input type="checkbox"/>	Increased Bleeding
<input type="checkbox"/>	<input type="checkbox"/>	Numbness/tingling
		<b>Genitourinary</b>
<input type="checkbox"/>	<input type="checkbox"/>	Uterine fibroids
<input type="checkbox"/>	<input type="checkbox"/>	Ovarian cysts
<input type="checkbox"/>	<input type="checkbox"/>	Cancer (breast, ovarian, prostate, uterine)
<input type="checkbox"/>	<input type="checkbox"/>	Prostate problems
		<b>Emotional/Mental</b>
<input type="checkbox"/>	<input type="checkbox"/>	Depression
<input type="checkbox"/>	<input type="checkbox"/>	Anxiety
<input type="checkbox"/>	<input type="checkbox"/>	Mood Swings
<input type="checkbox"/>	<input type="checkbox"/>	Irritability
<input type="checkbox"/>	<input type="checkbox"/>	Memory Loss
<input type="checkbox"/>	<input type="checkbox"/>	Confusion
		<b>Energy</b>
<input type="checkbox"/>	<input type="checkbox"/>	Fatigue
<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity
<input type="checkbox"/>	<input type="checkbox"/>	Restlessness
<input type="checkbox"/>	<input type="checkbox"/>	Insomnia
<input type="checkbox"/>	<input type="checkbox"/>	Decreased Libido
<input type="checkbox"/>	<input type="checkbox"/>	Stress
		<b>Weight</b>
<input type="checkbox"/>	<input type="checkbox"/>	Decreased Appetite
<input type="checkbox"/>	<input type="checkbox"/>	Weight Gain
<input type="checkbox"/>	<input type="checkbox"/>	Inability to Lose Weight
<input type="checkbox"/>	<input type="checkbox"/>	Food Cravings
<input type="checkbox"/>	<input type="checkbox"/>	Binge Eating
<input type="checkbox"/>	<input type="checkbox"/>	Water Retention



## Informed Consent to Care

A patient coming to the doctor gives him/her permission and authority to care for them in accordance with appropriate test, diagnosis, and analysis. The clinical procedures performed are usually beneficial and seldom cause any problem. In rare case, underlying physical defects, deformities or pathologies may render the patient susceptible for injury. The doctor, of course, will not provide specific healthcare, if he/she is aware that such care may be contraindicated. It is the responsibility of the patient to make it known or to learn through health care procedures from whatever he/she is suffering from: latent pathological defects, illnesses, or deformities, which would otherwise not come to the attention of the physician. This office does not perform breast, pelvic, prostate, rectal, or full skin evaluations. These examinations should be performed by your family physician, GYN, and dermatologist to exclude cancers, abnormal skin lesions that should undergo biopsy/removal or other treatments. This clinic does not provide care for any condition (such as high blood pressure, diabetes, high cholesterol) other than those addressed in your physical medicine care plan. We also do not prescribe or refill ANY controlled substances. All prescriptions should be refilled by your original prescriber and any new prescriptions should be issued by your primary care provider.

The patient assumes all responsibility/liability if the patient does not report on health forms any past medical history, illnesses, medicines, or allergies.

I agree to settle any claim or dispute I may against or with any of these persons or entities, whether related to the prescribed care or otherwise, will be resolved by binding arbitration under the current malpractice terms which can be obtained by written request.

Sign here: X \_\_\_\_\_ I have read and understand the above consent form.

### ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I acknowledge that I have reviewed the Notice of Privacy Practices of \_\_\_\_\_.  
(Please initial one of the following options and sign below.)

\_\_\_\_\_ I wish to receive a paper copy of Privacy Notice.

\_\_\_\_\_ I do not request a copy of the Privacy Notice at this time. I acknowledge that I can request a copy at any time and the Privacy Notice is posted in the office. If I should have a problem or question in regard to my rights, I may speak with the Privacy Officer about my concerns.

This serves a notice that as part of our efforts to deliver the most consistent healthcare we can to every patient, we use an electronic healthcare system that enables us to retrieve up to 13 months of prescription history through your insurance carrier.

I acknowledge that it is the policy of this office to leave reminder messages on my answering machine or with another person in my home. I may make a request of an alternative means of communication (within reason) in writing.

\_\_\_\_\_  
Patient Name Printed

\_\_\_\_\_  
Date

X \_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Witness Name (Office Staff)

\_\_\_\_\_  
Date

X \_\_\_\_\_  
Witness Signature